8:Clark N-5 (1948-1951) 1963
AV7 Burusho AV7
Hunza
[P. 41-B]

beliefs about "the Healthy Hunzas."

Altogether, I was able to treat 5,680 medical cases—the country had no other dispensary—during my stay in Hunza. My daily group of patients did not suffer from many of the diseases common to our civilization. There were no true neurotics; no cases of stomach ulcers, appendicitis, or gout; only one case of cerebral hemorrhage, and but four cardiac cases. The few bad hearts had been damaged either by malarial anemia or by overexertion at high altitudes, as was the case with one man who had carried the Mir's piano on his back up twenty miles of mountain trail. On the other hand, my Hunza patients did have malaria. They also had at least two kinds of intestinal worms, and to see for the first time a man with *Ascaris*